



ANNUAL REPORT 2010-2011

With the start of year 2010-2011 PAHAL entered its 15th Year of age. The year 2010-2011 was another year to fulfill the dreams of “PAHAL” so it was full of activities for 'PAHAL'. Members of 'PAHAL'(delegations) contacted and visited several educational institutions, governmental institutions, Organizations and eminent personalities of local, state, national and international levels to present discuss and launch its developmental and other projects for the noble cause of Youth development. In this way 'PAHAL' motivated people in the light of educational social and environmental awareness and launched its various projects and campaigns, in brief PAHAL has conducted the following activities

During the year 2010-11, PAHAL continued its activities in HEALTH, EDUCATION, and ENVIRONMENT AND COMMUNICATION. During the year PAHAL created liaisons with VOLUNTEER HEALTH ASSOCIATION OF INDIA for its project AXSHAY under RNTCP “REVISED NATIONAL TB CONTROL PROGRAMME” for the 10 lac population of Jalandhar district. PAHAL continued its liaisons with NATIONAL AGRICULTURE AND RURAL DEVELOPMENT BANK (NABARD) for the SELF HELP GROUP formation and bank linkage. It has conducted to PROJECT IMPLEMENTATION AND MONITORY COMMITTEE meeting in the month of July 10th, 2010 and January 11th 2011.

PAHAL has formed around 100 SELF HELP GROUPS during the year 2010-11, comprising 1300 rural women members. PAHAL continued its project of REPRODUCTIVE CHILD HEALTH (RCH) under NATIONAL RURAL HEALTH MISSION (NRHM) for more than 10000 populations of uncovered/ less covered areas of INDRA COLONY, PAP COMPLEX and Gautam Nagar. In this project PAHAL worked for adolescent girl’s health education, immunisation of the children, ANC for the pregnant women and post maternal care for the new born babies and their mothers.

During the year 2010-11, PAHAL organized the activities as following:

Health sector

All the times PAHAL advocate that Health is the foremost important priority of a Person, so it takes the Health activities with top priority. PAHAL organized MEDICAL CAMPS in the remote rural areas and in the slum areas of Jalandhar in which specialized doctors investigated patients and provided medicine and consultancy as per the need of hour.

PAHAL organized Education Awareness Programs for Healthy Life Style, Health Maintenance and Nutrition etc. It has organized programs for preventive behaviour to save the masses from Chronic Diseases like Diabetes, HIV/AIDS, Cancer, Hypotension And Anaemia.

PAHAL launched campaign for Disaster Management Training and First Aid Training under the patronage of Government of Punjab **Disaster Management Cell**. It has organized 8 **Disaster Management Programs** in different Sub- Division of District of Jalandhar. In addition to this PAHAL organized First Aid Training Program in collaboration Saint John's Ambulance, in Red Cross society and trained more than 500 young students from Lala jagat Narayan DAV school, DAV Institute Of Physiotherapy, AIMS public school, Cantt board Senior Secondary School Jalandhar Cantt.

During the year 2010-11, PAHAL collaboration with Meher Chand Polytechnic for Skill Development Programs under the scheme CDTP, government of India. Under this scheme extension centre has been started in Red Cross for Hearing Impaired Maqsudan, Cantt Board Senior Secondary Girls School, Cantt Board Senior Secondary Boys School for the Courses Of Embroidery And Knitting, Cosmetology, Cutting and Tailoring, Mobile Repair And Computer Hardware. In these courses 116 young boys and girls got training and they have been provided with certificate in February 2011. During this year, PAHAL organized large number of volunteer blood donation camps in the various institute in collaboration with blood bank, civil hospital Jalandhar. It has organized blood donation camps on April 1st 2010 at APJ College of fine arts, DAV Ayur Vedic, Lovely Professional University, PAP Complex, Chohak Kalan, Ladhawali, Sports And Arts College, Bullowal, PIMS Jalandhar, Meher Chand Polytechnic. During these camps and district blood donation to the various hospitals PAHAL mobilized 6000 units of blood.

Education sector

During the year 2010-11 PAHAL organized large numbers of programs for promotion of Holistic Education. It has organized programs in Government Elementary School Shalapur Bait District Kapurthala on April 19th 2010, in Government Senior Secondary Droli Kalan Jalandhar on November 23rd 2010 and honoured outstanding students to motivate them for bright future. To prepare the young generation for natural and manmade calamities, PAHAL organized Disaster Management Programs in Government Senior Secondary School Lohian, CT, Baba Bhag Singh Institute, Guru Nanak National College for Women Nokoder.

During this session, PAHAL collaborated with assistant Labour commissioner department of labour for national child labour project special school and started special school in Shaheed Bhagat Singh colony for 50 boys and girls of unprivileged sector of Slum Areas.

Environment sector

PAHAL organized different programs for the sustainable development of environment. During this year, it has planted around 10000 saplings in the different district by organizing VANMAHAUTSAV and tree plantation camps. It has celebrated World Forestry Day, World Environment Day, World Ozone Depletion Day, International Biological Diversity Day etc to focus the Environment

Communication sector

During the year 2010-11, PAHAL organized program for the sustainable development of mother language Punjabi in various schools and colleges. President PAHAL continued its program named PATHSALA, "PUNJABI SIKHIYE", on the small screen of Doordarshan DD PUNJABI. In addition to this, he regularly participated slot Doordarshan Sath in program "5 VAJE LIVE" and dealt with the issues of Health, Education, Environment and Rural Development. He has also participated in current issues program "AAJ DA MASLA".

During the year 2010-11 PAHAL celebrated World Health Day on April 7th 2010, World Labour Day May 1st 2010, World Red Cross Day May 8th 2010, World Family Day May 15th 2010, World Environment Day June 5th 2010, World Cancer Survival's Day June 6th 2010, World Blood Donor's Day June 14th 2010, World Population Day July 11th 2010, National Volunteer Blood Donation Day October 1st 2010, World Mental Health Day October 10th 2010, World AIDS Day December 1st 2010, World Cancer Day February 4th 2011, World Forestry Day March 21st 2011, World Earth Day March 2011.

Doordarshan Jalandhar and other channels, Vernacular and National Press and covered the activities of PAHAL during the year 2010-2011 along with the special focused articles

During the year 2010-11, PAHAL hosted young interns from various Colleges and Universities of India and abroad for internship training programs. During the year 2010-2011 the interns from [Indian Institute of Management Indore](#) , SIMC Pune, and from Malaysia, Japan, Indonesia, China, Holland, Poland, Korea etc. All the year 2010-11 was full of activities in Health, Education, Environment and Communication to achieve the target of Holistic Personality Development. With completion of this year PAHAL completed 15 years of progress.

Any further query to PAHAL may be sent to

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